Natick Nights!

Thursday 6/25!
5:00 - 8:00 PM

Celebrate Natick Nights with local takeout and delivery, online shopping, and virtual activities for the whole family.

We will be hosting the virtual events every other week as we adhere to current state guidelines to keep everyone safe..

Support Your Local Businesses

Shop

Click above to view shops

Eat

Click above to view shops

Visit us at Natickcenter.org

natick center cultural district

Activities

FIERCE

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Energizer Workout for the Whole Family with Coach D!
(LIVE) 5:00 - 5.30 pm
Get moving with this fun workout with Coach D of FIERCE by Choice of Natick! fiercebychoice.com

FIERCE

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Full Body Family Stretch
(LIVE)
5:30 - 6:00 pm

Click Logo

New England Science Tech
(LIVE) 5.30 - 6.30 pm
Join in for a free introduction and demonstration where you will learn to play a game of GO! (Link will take you to Google Doc. & link for Zoom is at the bottom.)

FIERCE

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Dance It Up Family Style
6:00 - 6:30 pm (PRE-RECORDED)
A fun, full body dance routine great for the entire family!! Brought to you by Coach Cristina of FIERCE By Choice in Natick

Click Logo

Family Meditation with Soni Masur (PRE-RECORDED)
Soni is an Energy Healer, ~ Artist~ and Teacher. www.sonyamasur.com

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Good Night Yoga: Story, Stretching and Savasana
6:30 - 7:00 pm (PRE-RECORDED)

Activities

FIERCE

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Cooking for Kids: Natick Nights Healthy Snacks - Guacamole!
7:00 - 7:30 pm (PRE-RECORDED)
Stacy Kennedy, MPH, RD, CSO, LDN is a nutrition, wellness, and fitness expert with over 20 years of experience. She is co-founder of Wellness Guides, LLC, and a professor at Simmons University.

Pre-Register

Loulou's Music Together
(LIVE) 7:00 pm
Gather your family together for family sing-along for young children. Please email her at loulousmt@gmail.com to register.

FIERCE

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Cooking for Teens & Parents: Late Night Snacks & Low Sugar Beverages - Smoothies!
With Stacy Kennedy
7:30 - 8:00 pm (PRE-RECORDED)

Click Logo

Natick Center Organic Farm's barnside farmstand is YOUR local source for the best certified-organic vegetables. And cuts of NCOF's humanely raised, organically fed pork, lamb and mutton can be reserved for pick up through their online store.